

# NIDA WEBSITE UPDATED ON SEPTEMBER 20, 2018

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## National Institute on Drug Abuse

*The Science of Drug Abuse & Addiction*

### Can a person overdose on kratom?

In 2017, the Food and Drug Administration (FDA) began issuing a [series of warnings](#) about kratom and now identifies [at least 44 deaths](#) related to its use, with at least one case being investigated as possible use of pure kratom. Most kratom associated deaths appear to have resulted from adulterated products (other drugs mixed in with the kratom) or [taking kratom along with other potent substances](#), including illicit drugs, opioids, benzodiazepines, alcohol, gabapentin, and over-the-counter medications, such as cough syrup. Also, there have been some reports of [kratom packaged as dietary supplements](#) or dietary ingredients that were laced with other compounds that caused deaths.